LIGHTHOUSE JIU JITSU CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
06:00 AM	ADULT (NO GI)	ADULT (GI)	ADULT (NO GI)	ADULT (GI)		
09:00 AM						BIGS (7-15 YRS)
10:00 AM						ADULT OPEN MAT
04:15 PM	LITTLES (4-7 YRS)	LITTLES (4-7 YRS)	LITTLES (4-7 YRS)	LITTLES (4-7 YRS)		
05:00 PM	BIGS (7-15 YRS)	BIGS (7-15 YRS)	BIGS (7-15 YRS)	BIGS (7-15 YRS)	COMP CLASS/ DRILLS	
06:00 PM	ADULT (GI)	ADULT (NO GI)	ADULT (GI)	ADULT (NO GI)	ADULT (STRIKING)	